



BROW AFTERCARE INFORMATION

JDN
MICROPIGMENTATION

@

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Clinic



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Immediate Effects (First Few Hours & Days)

- **Whiteness or blanching** around the area is normal and will subside within a few hours.
- **Fluid production** from the skin is part of the natural healing process.
- **Swelling** may occur and should subside within two days.
- **Slight bruising** may appear in some cases but should fade within a week.
- **Colour will appear darker** and more prominent for 5–7 days before softening.

Cleaning & Healing

- After **six hours**, gently **wipe the area** with a cotton pad and micro tonic or cooled boiled water, pat dry, then apply a small layer of the **provided healing ointment** using a clean cotton bud.
- **Reapply the healing ointment** a couple of times a day until the area has healed.
- Once healed, apply a **gentle moisturiser daily** to aid skin regeneration.
- **Always** wash your hands before touching your brows while they are healing.

What to Avoid Until Fully Healed

- **Makeup** directly on the treated area.
- **Picking or pulling** at dry areas (this can cause infection, pigment loss, or scarring).
- **Excess moisture**, including saunas, swimming, hot tubs, and heavy exercise.
- **Sunbeds, fake tan, and strong skincare products** (AHAs, retinol, exfoliants, chemical peels, and microdermabrasion).
- Try to **keep the area dry** while bathing or showering.

Healing Process & Colour Development

- The skin will **form a thin crust** to protect the area while healing.
- After a few days, the **crust will shed**, revealing a **lighter colour** that will continue to settle over **4–6 weeks** (in rare cases, full colour may take up to **3 months** to develop).
- **Picking at dry skin** may result in **colour loss or scarring**.

Follow-Up Appointments (New brows only)

- A **review appointment** will be scheduled **6–12 weeks** after treatment for necessary tweaks or adjustments.
- This is a **two-part procedure**—the final result can only be judged after full healing and the follow-up session.
- In rare cases, a **third session** may be needed for optimal results.

Long-Term Care & Fading

- Micropigmentation is designed to **enhance natural brows** but does **not replace makeup**. You may still wish to use brow powder or pencil.
- If you have **oily skin**, your PMU may fade faster.
- Regular **sun exposure and sunbeds** will also speed up fading—**use SPF 15+** as a minimum.
- **Strong skincare treatments** (AHAs, exfoliants, retinol, professional peels) will contribute to faster pigment fading.
- Micropigmentation is classed as **'Permanent Cosmetics'**, meaning pigment may never fully disappear but will **fade over time**.
- A **colour refresh** may be needed **months or years later**—your technician will advise on the best time for you.



Thank you so much for trusting me with your treatment.

I hope you're loving the results! Now just follow your after care and if you need anything, I'm only a message away.

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A review would mean the world to me if you're happy with your experience. Don't forget, refer a friend to enjoy **10% off** your next treatment!